


**Foods and Nutrition - Grade 10
GRADE COLLECTION**

Current as of September 3, 2008. For latest updates, go to
http://www.bced.gov.bc.ca/irp_resources/lr/resource/gradcoll.htm

	Food Preparation Foundations	Food Preparation Techniques	Nutrition and Healthy Eating	Social, Economic, and Cultural Influences	Career Opportunities
Comprehensive Resources					
^{Te} Adventures in Food and Nutrition				✓	✓
Food for Life, 2 nd Edition		✓			
Food for Today, Revised 1st Canadian edition		✓			
Nutrition and Wellness, 7 th Edition			✓		
Additional Resources - Print					
^{Te} Bringing the World into Your Classroom: Global Education for Home Economics					
^{Te} Culinary Essentials, 2 nd Edition					
Food and Nutrition Science Lab					
FoodTrack Leader's Kit		✓		✓	✓
Obesity in a Bottle PowerPoint					
^{Te} Professional Cooking For Canadian Chefs, 6 th Edition	✓	✓			
World Atlas of Food, A - 9th Edition				✓	
Additional Resources - Video					
Confessions of a Food Stylist					✓
Confessions of Chefs & a Restaurateur					✓
Diet Confidential			✓		
Hyping Health: Is Health Check Always Right?			✓		
Knife Care		✓			
Knife Skills		✓			
Portion Size Me: How to Make Healthy Fast-Food Choices			✓		
Product of Canada, Eh? Misleading Food Labels				✓	

 Indicates satisfactory to good support for the majority of the learning outcomes within the curriculum organizer

 Indicates support for one or more learning outcomes within the curriculum organizer

Te Most suitable for use as a teacher resource

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Say Know To Diets			✓		
Snack Smarts			✓		
Understanding Eating Disorders			✓		
Vitamin Basics			✓		
What Should We Eat? The Vegetarian Debate				✓	