

Overview of Health and Career Education in BC

The aim of Health and Career Education in BC is to provide students with the knowledge, skills, and attitudes that will assist them in making informed decisions related to their health, their personal goals, and their future education and careers. Health and Career Education curriculum, along with many other government initiatives related to healthy schools and career planning will assist students in developing the knowledge, skills, and attitudes for attaining and maintaining healthier lifestyles and managing their lives more purposefully and effectively.

The curriculum, previously known as Personal Planning K to 7 and Career and Personal Planning 8 to 12, is currently under revision and when fully completed will consist of three IRPs (Integrated Resource Packages) for Kindergarten to Grade 10, as follows:

Health and Career Education K to 7 IRP

- Draft Curriculum Organizers and Suborganizers:
 - Goals and Decisions
 - Career Exploration
 - Health
 - Healthy Living*
 - Healthy Relationships*
 - Child Abuse Prevention*
 - Safety and Injury Prevention*
 - Substance Misuse Prevention*
- Will replace Personal Planning for Kindergarten to Grade 7 as a required area of study
- Response Draft available for public review and feedback until February 24, 2006
<http://www.bced.gov.bc.ca/irp/drafts/>
- Final Draft planned for posting on Ministry web site May 2006
- Final version available in fall 2006
- Implementation: Optional - September 2006 and September 2007; Full - September 2008
- French translation planned for fall 2006 (Éducation à la santé et à la carrière)

Health and Career Education 8 and 9 IRP

- Curriculum Organizers and Suborganizers:
 - Education and Careers
 - Health
 - Healthy Living*
 - Healthy Relationships*
 - Safety and Injury Prevention*
 - Substance Misuse Prevention*
- Will replace CAPP for Grades 8 and 9 as a required area of study
- Public review completed December 15, 2004 (the working title was Planning 8 and 9)
- District facilitated in-depth curriculum review completed December 15, 2004
- Final Draft posted to web site in April 2005
- Print Distribution to schools June/July 2005; Final version also posted to web at that time
- French Translation available September 2005 (Éducation à la santé et à la carrière)
- Implementation – Optional - September 2005; Full - September 2006
- supported by a PowerPoint presentation that can be used as an orientation tool for teacher in-service, meetings with parents, etc.

Planning 10 IRP

- already completed and implemented September 2004
- 4-credit course and graduation requirement
- developed and piloted by educators prior to its implementation
- replaces CAPP for Grades 10, 11, and 12
- supported by a PowerPoint presentation that can be used as an orientation tool for teacher in-service, meetings with parents, etc.
- French translation: Planification 10

- Curriculum Organizers and Suborganizers:
 - Graduation Program
 - Course Requirements, Exams, and Focus Areas*
 - Graduation Portfolio*
 - Education and Careers
 - Personal Interests and Attributes*
 - Post-Secondary Education and Training*
 - Labour Market Information*
 - Job Seeking and Job Keeping*
 - Employment Standards and Workplace Safety*
 - Support Networks and Resources*
 - Transition Plan*
 - Health
 - Healthy Living*
 - Health Information*
 - Healthy Relationships*
 - Healthy Decisions*
 - Finances
 - Financial Literacy*
 - Costs of Education and Career Options*
 - Financial Plan*

Grades 11 and 12

There is no longer any prescribed curriculum or required area of study for students in Grade 11 and 12, specific to Health and Career Education.

Students are required to complete a Graduation Portfolio Assessment, which contains aspects related to their personal health and their education and careers. Within this Portfolio, students must complete:

- 80 hours of moderate to intense physical activity.
- a graduation transitions plan
- 30 hours of work or volunteer experience

In addition, students may choose to provide evidence of other activities related to their personal health and/or education and career planning. For example they may:

- engage in physical activity beyond the 80 hours required in Portfolio Core.
- connect healthy eating to physical well-being; link emotional well-being to general health, and/or make health enhancing decisions.
- research education options, career and life information
- demonstrate transferable education skills in a workplace or community setting
- demonstrate personal management or teamwork skills