

# Health and Career Education K to 7 New IRP Profile



## For more information please contact:

Pierre Gilbert  
Manager, Content and Achievement Standards Unit  
Achievement and Assessment Department  
Telephone: (250) 356-2409  
E-mail: [Pierre.Gilbert@gov.bc.ca](mailto:Pierre.Gilbert@gov.bc.ca)

## Implementation Schedule

Optional:  
2006/2007 and 2007/2008

Full: Beginning September 2008

Upon full implementation, this IRP replaces Personal Planning (1999), Grades K to 7, as a required area of study.

## Curriculum Overview:

**Aim:** The aim of Health and Career Education K to 7 is to provide students with the knowledge, skills, and attitudes necessary to be informed decision makers and to make healthy and safe choices.

## Goals:

- Students will learn and apply processes for goal setting and decision making, and will become aware of the effects of their choices on themselves and others.
- Students will learn about the range of sources of information and support available to them for a variety of health, safety, and education topics.
- Students will gain knowledge and skills necessary to make informed choices about their health and safety, and will develop an awareness of the consequences of their choices for themselves and others.

## Curriculum Organizers and Suborganizers:

Goals and Decisions

Career Development

Health:

- Healthy Living
- Healthy Relationships
- Safety and Injury Prevention
- Substance Misuse Prevention

## Curriculum Profile:

- Health and Career Education K to 7 (HCE) is a revision to, and will replace, Personal Planning K to 7 (PP) as a required area of study.
- The same reporting guidelines apply to HCE K to 7.
- Recommended time allotment remains the same as it was for PP. Recommended time allotment for HCE = 5%, which is approximately 50 hours of instructional time per year. Teachers determine time allotments for each subject area, as well as the degree to which they will integrate HCE with other subject areas. The HCE IRP is based on approximately 45 hours of instructional time per year for Grades 1 to 7 and 20 hours for Kindergarten, to allow flexibility to address local needs.
- French Translation is planned for the school year 2006/2007: *Éducation à la santé et à la carrière M à 7* <http://www.bced.gov.bc.ca/irp/firp.htm>
- New name more accurately reflects the actual content, and percentage representation of the prescribed learning outcomes.
- HCE K to 7 incorporates new curriculum features to help teachers assess student achievement in the classroom.
- HCE K to 7 reflects greater clarity in the wording of learning outcomes, so that teachers, parents, and students will clearly understand the curriculum expectations.
- HCE K to 7 has significantly fewer learning outcomes and fewer curriculum suborganizers than PP.
- HCE provides prescribed learning outcomes for each of Kindergarten to Grade 3. PP combined the prescribed learning outcomes for K/1 and 2/3.
- HCE K to 7 supports informed decision making for making safe and healthy choices.
- HCE K to 7 continues to include important health content such as sexual abuse prevention, sexual health education, relationships, emotional health, safety and injury prevention, anti-bullying, and alcohol and drug education.
- HCE K to 7 continues to include career development topics, including the development of work habits and transferable skills.
- HCE K to 7 includes prescribed learning outcomes on Internet safety that were not in PP.
- HCE K to 7 has more emphasis on healthy eating and regular physical activity practices, as part of a balanced healthy lifestyle.
- In HCE K to 7, *Mental Well-being* is now part of the *Healthy Living* and *Healthy Relationships* suborganizers, rather than being a standalone suborganizer, as it was in PP.
- In HCE K to 7, sex education is no longer called *Family Life Education*; sex education topics are now part of the *Healthy Living* suborganizer, and the topic of family is now part of the suborganizer *Healthy Relationships*.
- The suborganizer Child Abuse Prevention is no longer used in HCE. The curriculum focus is on personal safety rather than emotional and physical abuse and neglect. Topics related to personal safety and the prevention of exploitation and abuse are included in *Safety and Injury Prevention* and *Healthy Relationships*.
- HCE K to 7 incorporates previous ministry commitments to address the important issue of road safety from Kindergarten to Grade 10, and to include age appropriate learning outcomes for the prevention of HIV/AIDS from Kindergarten to Grade 10.
- The Alternative Delivery Policy that was available for the Personal Development organizer in PP will be in effect for the Health organizer in HCE K to 7.

**Curriculum Profile, continued:**

- The recommended learning resources for HCE include both new resources and some resources that were previously recommended for PP. Other learning resources are under development on topics such as sexual decision-making and healthy eating/physical activity. Once completed, the Ministry will evaluate them. Please check the following web site for information about recommended learning resources, including newly recommended learning resources and selected web sites:  
[www.bced.gov.bc.ca/irp\\_resources/lr/resource/gradcoll.htm](http://www.bced.gov.bc.ca/irp_resources/lr/resource/gradcoll.htm)
- A PowerPoint presentation on the Ministry web site presents information about the content and format of the revised Health and Career Education K to 7 IRP. This self-directed tool can be used by teachers, district staff, and parents for the purposes of information and /or in-service. [www.bced.gov.bc.ca/irp/program\\_delivery/hcek7.htm](http://www.bced.gov.bc.ca/irp/program_delivery/hcek7.htm)
- Additional information about Health and Career Education can be found at the following Ministry of Education web site:[www.bced.gov.bc.ca/irp/program\\_delivery/hce.htm](http://www.bced.gov.bc.ca/irp/program_delivery/hce.htm)