

## Health and Career Education K to 7: Frequently Asked Questions

### What is Health and Career Education K to 7?

Health and Career Education K to 7 (HCE) is a revision to, and will replace, Personal Planning K to 7 as a required area of study.

The aim of Health and Career Education K to 7 is to provide students with the knowledge, skills, and attitudes necessary to be informed decision makers and to make healthy and safe choices.

### Important Timelines

- Public Review and Feedback: December 2005 – February 2006
- District In-depth Reviews: January 2006 (Kootenay Lake, #8; Surrey, #36 Cowichan Valley, #79)
- Print Distribution to schools: September 2006
- French Translation will be available during the 2006/2007 school year. (Éducation à la santé et à la carrière)
- Implementation: Optional for two school years, 2006/2007 and 2007/2008; Full implementation begins September 2008

### Why was Personal Planning K to 7 revised?

The curriculum review report for Personal Planning K to 7/Career and Personal Planning 8 to 12 identified recommendations for curriculum improvements. This report is available at: [www.bced.gov.bc.ca/irp/reports/](http://www.bced.gov.bc.ca/irp/reports/)

The Graduation Program Review resulted in a new course, Planning 10. Planning 10 replaced Career and Personal Planning for Grades 10 to 12. [www.bced.gov.bc.ca/irp/irp.htm](http://www.bced.gov.bc.ca/irp/irp.htm)

A revision to Personal Planning/CAPP for Grades K to 9 began concurrently with the development of Planning 10, to ensure a consistent alignment of topics and learning outcomes from Kindergarten to Grade 10. This revision also supports other government initiatives related to health-promoting schools [www.bced.gov.bc.ca/health/](http://www.bced.gov.bc.ca/health/) and career planning [www.bced.gov.bc.ca/careers/](http://www.bced.gov.bc.ca/careers/)

A table presenting the topics in Health and Career Education from Kindergarten to Grade 10 is available at: [www.bced.gov.bc.ca/irp/program\\_delivery/hce.htm](http://www.bced.gov.bc.ca/irp/program_delivery/hce.htm)

The Ministry, in consultation with education partners, has been developing and piloting new components for IRPs that will support teachers with classroom assessment. These new components are included in the revised IRP for HCE K to 7.

### How does Health and Career Education K to 7 compare to Personal Planning K to 7?

Health and Career Education K to 7 is similar to Personal Planning K to 7 in that it:

- continues to include important health content such as sexual abuse prevention, puberty, relationships, healthy lifestyles, emotional health, safety and injury prevention, anti-bullying, and alcohol and drug education

- continues to include career development topics, including the development of work habits and transferable skills
- is a required area of study
- suggests the same number of instructional hours per grade (45 hours)

Health and Career Education K to 7 enhances Personal Planning K to 7 in that it:

- incorporates new components that help teachers assess student achievement in the classroom
- reflects greater clarity in the wording of learning outcomes, so that teachers, parents, and students will clearly understand the expectations of the curriculum
- provides grade specific learning outcomes for each of Kindergarten, Grade 1, Grade 2 and Grade 3.
- reduces the prescribed number of learning outcomes for each grade
- reduces the number of curriculum organizers
- places an emphasis on informed decision making
- places a greater emphasis on healthy eating/physical activity practices, as part of a balanced healthy lifestyle
- includes specific learning outcomes for Internet safety
- incorporates previous ministry commitments to address the important issue of road safety and to include age appropriate learning outcomes for the prevention of HIV/AIDS

A detailed comparison of Health and Career Education K to 7 and Personal Planning K to 7 is available at : [www.bced.gov.bc.ca/irp/program\\_delivery/hcek7.htm](http://www.bced.gov.bc.ca/irp/program_delivery/hcek7.htm)

### **What are the recommended number of hours for teaching Health and Career Education K to 7?**

The recommended time allotment for HCE is 5%, which translates to approximately 50 hours of instructional time per year. This is the same amount of time as was recommended for Personal Planning K to 7.

The HCE IRP is based on an estimated 45 hours of instructional time per year for Grades 1 to 7 and 20 hours for Kindergarten, to allow flexibility to address local needs.

### **What is the recommended delivery model for teaching Health and Career Education K to 7?**

The Ministry does not mandate a specific delivery model.

Schools are responsible for ensuring that all of the prescribed learning outcomes are addressed for Health and Career Education, Grades K to 7.

Teachers determine the degree to which they will integrate HCE with other subject areas.

### **How do I report Health and Career Education K to 7?**

Health and Career Education K to 7 is a required area of study and, as such, must be reported. The same reporting guidelines are used to report Health and Career Education K to 7 as any other required area of study.

Reporting on Student Progress: [www.bced.gov.bc.ca/reportcards/welcome.htm](http://www.bced.gov.bc.ca/reportcards/welcome.htm)

Student Progress Report Order: [www.bced.gov.bc.ca/legislation/schoollaw/e/m191-94.pdf](http://www.bced.gov.bc.ca/legislation/schoollaw/e/m191-94.pdf)

Required Areas of Study: [www.bced.gov.bc.ca/legislation/schoollaw/e/m295-95.pdf](http://www.bced.gov.bc.ca/legislation/schoollaw/e/m295-95.pdf)

Reporting Student Progress: Policy and Practice

[www.bced.gov.bc.ca/reportcards/reporting\\_student\\_progress.pdf](http://www.bced.gov.bc.ca/reportcards/reporting_student_progress.pdf)

## **How does the Health and Career Education K to 7 IRP support teachers with classroom assessment?**

To assist teachers with classroom-based assessment, the Health and Career Education K to 7 IRP includes the following components:

- **Suggested Achievement indicators**

Achievement indicators are statements that describe what students should be able to do in order to demonstrate that they fully meet the learning outcomes.

- **Assessment Overview Tables**

The purpose of these tables (one per grade) is to provide teachers with suggestions and guidelines for formative and summative assessment and grading.

- **The Classroom Assessment Model**

This section contains a series of assessment units that address clusters of learning outcomes organized by topic or theme. The units have been developed by BC teachers, and are provided to support classroom assessment. The assessment units address all of the prescribed learning outcomes for each grade.

## **Will there be new learning resources for Health and Career Education K to 7?**

There are both newly recommended resources and previously recommended Personal Planning resources, such as *tobaccofacts*, *RoadSense*, and *Student WorkSafe*, included in the Grade Collections for HCE K to 7.

During the optional years of implementation (2006/2007 and 2007/2008) several learning resources that are currently under development will be finished and subsequently evaluated. Information about these newly recommended learning resources will be made available on the Ministry web site:

[www.bced.gov.bc.ca/irp\\_resources/lr/resource/consub.htm](http://www.bced.gov.bc.ca/irp_resources/lr/resource/consub.htm)

A curriculum correlation between the recommended learning resources and prescribed learning:

[www.bced.gov.bc.ca/irp/program\\_delivery/hcek7.htm](http://www.bced.gov.bc.ca/irp/program_delivery/hcek7.htm)

There is also a list of selected web sites provided as support for teachers in instruction and assessment: [www.bced.gov.bc.ca/irp/program\\_delivery/hcek7.htm](http://www.bced.gov.bc.ca/irp/program_delivery/hcek7.htm)

## **Will there be a French version of Health and Career Education K to 7?**

The French translation of Health and Career Education K to 7 will be called *Éducation à la santé et à la carrière M à 7*. Translation is planned for the school year 2006/2007. It will also be available on the Ministry web site <http://www.bced.gov.bc.ca/irp/firp.htm>.

## How do I get copies of Health and Career Education K to 7 IRP?

Copies of the Health and Career Education K to 7 IRP were sent to all schools offering Kindergarten to Grade 7 in the summer of 2006. These copies included single grade versions as well as copies of the full K to 7 IRP. The school principal and/or secretary should have information as to how these copies were distributed.

Additional print copies, in either single grade or full K to 7 formats, are available from:

Government Publication Services  
Phone: (250) 387-6409  
Fax: (250) 387-1120  
Toll Free within BC: 1-800-663-6105  
Web site: [www.publications.gov.bc.ca](http://www.publications.gov.bc.ca)

Name	Format	Catalogue Number	Cost
Health and Career Education K to 7	All Grades	IRP146	\$49.39 + GST
Health and Career Education	Kindergarten	GBG019	\$13.33 + GST
Health and Career Education	Grade 1	GBG020	\$14.50 + GST
Health and Career Education	Grade 2	GBG021	\$13.72 + GST
Health and Career Education	Grade 3	GBG022	\$14.11 + GST
Health and Career Education	Grade 4	GBG023	\$14.90 + GST
Health and Career Education	Grade 5	GBG024	\$14.90 + GST
Health and Career Education	Grade 6	GBG025	\$15.68 + GST
Health and Career Education	Grade 7	GBG026	\$15.68 + GST

PDF versions of the HCE K to 7 IRP (single grade and full K to 7 formats) are available for download from: [www.bced.gov.bc.ca/irp/irp\\_hce.htm](http://www.bced.gov.bc.ca/irp/irp_hce.htm)

## What is the Health and Career Education K to 7 PowerPoint presentation?

The PowerPoint presentation is intended to provide teachers, parents, students, school district staff as well as interested education partners and stakeholders, with a self-directed orientation to the Health and Career Education K to 7 IRP. The HCE K to 7 Orientation PowerPoint presentation is available at the following web site: [www.bced.gov.bc.ca/irp/program\\_delivery/hcek7.htm](http://www.bced.gov.bc.ca/irp/program_delivery/hcek7.htm)

## Ministry of Education Contacts for Health and Career Education K to 7

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