

English 10

Training Papers

2008 / 2009

Reading: Making Connections

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Writing

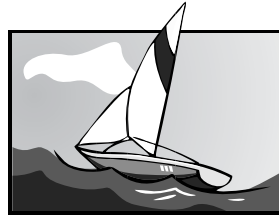
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Theme

***Satisfaction comes
from helping others.***

***Please note that these Training Papers were selected from an electronic-only examination session. The samples have been copied word for word from the original electronic responses.**

The “Finn” is a one-person, high performance sailboat. Read this passage about Larry Lemieux who competed in a Finn-class sailing event at the 1988 Seoul Olympics.



Lawrence (Larry) Lemieux Lifesaver

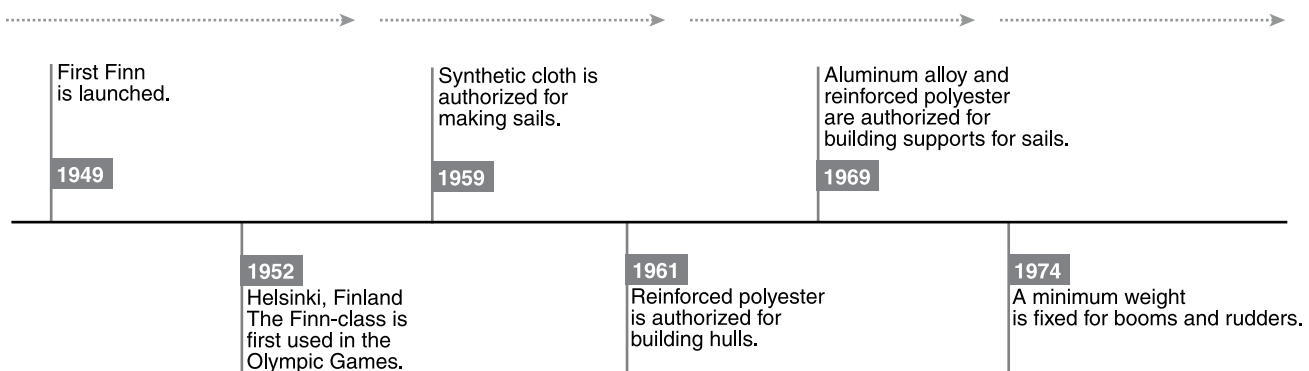
by Lorne Zeiler

Larry Lemieux, born on November 12, 1955, in Edmonton, Alberta, took up sailing shortly after he learned to run. As the youngest of eight, Larry always wanted to be like his older brothers, who frequently sailed the waters of Lake Wabamun near their cottage. At age five, he took a sailboat out on his own for the first time. A gust of wind capsized his boat and because he was not heavy enough to turn the boat over on his own, Larry had to be rescued by his brothers. By the time he was nine, his mother realized that Larry was not going to stay away from the water, so she enrolled him in sailing school. Though the minimum age was typically 11, Larry was accepted based on his experience and ability. Within two years, Lemieux was racing nationally. By the time he was 16, Larry had fully caught the sailing bug; he traveled the country to competitions with his sailboat strapped to the roof of his mother’s car.

The 1976 Olympics in Montreal were a turning point in Lemieux’s career. Fifty new Finn-class sailboats had been purchased for the Olympic Games. After the

competition, each of the single-operated, 4.4 metre, 120-kilogram boats was given away to local Canadian sailors. Lemieux was one of the lucky recipients. Within two years, Larry made the national team, skippering his own Finn. He also managed to place within the top five in the world in both 1978 and 1980. Lemieux also trained and raced in two-person boats. In 1984, when he finished poorly in the Olympic qualifying competition in the Finn class, he partnered with Wito Guessing in the larger two-person boat in the Star class and won a spot on the Canadian Olympic team. At the Games the team placed 10th overall. During this time, Lemieux spent the winters working odd jobs—from serving, to construction, to assembly line labour—so he could train and race in the summers.

In 1988, Lemieux was the top-ranked Finn-class sailor in Canada and represented the country at the Olympic Games in Seoul, South Korea. Olympic sailing races and regulations are designed to ensure that the winner of the race is determined by his or her skill level, not



boat design. The boats for each sailing class must be the same precise weight and size and be made from the same materials and have the same method of construction. Each competition comprises numerous races held on the same course over a period of days and requires the skipper to use all points of sail. In 1988, the Olympic regatta consisted of seven days of competitions, one each day that lasted between two and two-and-a-half hours. The individual or team's top six race results were then added together to determine the final standings, with the lowest score winning. To return home with a medal, competitors needed to achieve consistent top results.

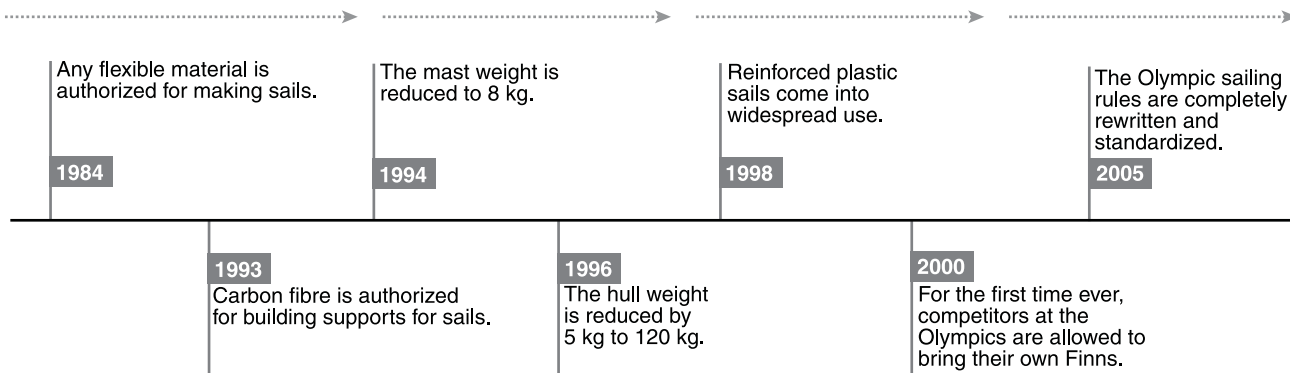
During the first day of competition in Seoul, Lemieux aggressively manoeuvred his boat and finished in first place. On day two, he earned a respectable fifth place, but then had problems in the third and fourth races, finishing 22nd and 13th respectively. On the fifth day of races the weather conditions were horrible. There was a powerful wind and a strong current in the water between Korea and Japan. Steep waves were breaking offshore in the middle of the race course. Lemieux, an experienced skipper, boldly pushed forward. He quickly took the lead, but was passed about halfway through the race by two boats. He moved back into second place just past the halfway point and was headed toward a top three finish.

- 5 Visibility was poor, but Lemieux pushed on. Surveying the water, Lemieux noticed a capsized two-person boat, a 470 class that had drifted well off course. He spotted one member of the crew hanging on to the boat, but his partner had been pushed far away by the

strong current and crashing waves. Rescue crews were unlikely to spot the sailboat and were even less likely to notice the stranded sailor, Joseph Chan, because they were contending with their own problems. Their boats were too fragile to push through the rough water and most of the drivers had little experience with such treacherous conditions.

Lemieux decided that he had to pull out of the race to help these sailors. First he picked up the stranded sailor and began manoeuvring his Finn to the capsized 470 and the other sailor. Lemieux then found the 470's rudder so they'd be able to turn the boat over. Lemieux's boat was too small to support two other sailors, particularly in the treacherous weather conditions, so he waited with them until further help could arrive. It was Larry's own coach, Pat Healy, who came to the rescue. Healy had been concerned that Lemieux seemed to have disappeared from the race, so he had taken out a heavier boat to search for Larry. The Canadian coach towed the two sailors to shore. Lemieux returned to the course and finished 21st for the day.

After the race, Larry launched a protest regarding his placing and the two sailors stayed by him as the Olympic association ruled on his appeal. Lemieux was awarded a second place finish for race five because he was racing in second place before he pulled out to save the stranded sailors. Before the competition the next day, the media bombarded Larry with questions and interviews. Larry was unable to concentrate on racing and finished 13th and 21st in his final two races. He placed 11th overall during his second Olympic competition.



Larry Lemieux did not receive a medal at the Olympic Games, but he was given a symbolic award for placing the life of a fellow sailor above race results. In a private ceremony, Juan Antonio Samaranch, the president of the International Olympic Committee, presented Larry with a porcelain jar bearing the Olympic insignia.

Larry Lemieux went to Seoul, South Korea, with the ambition of becoming an Olympic hero by winning a medal. Instead he became a hero for a completely selfless reason: he saved the life of a fellow competitor.

In the following short story, the narrator, Hazel, relates an experience with her brother Raymond who has special needs.

Raymond's Run

by Toni Cade Bambara



I take my time getting to the park on Field Day because the track meet is the last thing on the program. So I always come late to the Field Day program, just in time to get my number pinned on and lie in the grass till they announce the fifty-yard dash.

I put Raymond in the little swings, which is a tight squeeze this year and will be impossible next year. Then I look around for Mr. Pearson, who pins the numbers on. I'm really looking for Gretchen if you want to know the truth, but she's not around. The park is jam-packed with parents in hats and kids in white dresses and light-blue suits. The big guys with their caps on backwards lean against the fence swirling the basketballs on the tips of their fingers, waiting for all these crazy people to clear out of the park so they can play.

Then here comes Mr. Pearson with his clipboard and his cards and pencils and whistles and safety pin and fifty million other things he's always dropping all over the place. He sticks out in a crowd as though he's on stilts. We used to call him Jack and the Beanstalk to get him mad. But I'm the only one that can outrun him and get away, and I'm too grown for that silliness now.

"Well, Squeaky," he says, checking my name off the list and handing me number seven and two pins.

5 "Hazel Elizabeth Deborah Parker," I correct him and tell him to write it down on his board.

"Well, Hazel Elizabeth Deborah Parker, going to give someone else a break this year?" I squint at him real hard to see if he is seriously thinking I should lose the race on purpose just to give someone else a break. "Only six girls running this time," he continues, shaking his head sadly like it's my fault all of New York didn't turn out in sneakers. "That new girl should give you a run for your money." He looks around the park for Gretchen like a periscope in a submarine movie. "Wouldn't it be a nice gesture if you were...to ahhh..."

I give him such a look he couldn't finish putting that idea into words. I pin number seven to myself and stomp away, I'm so burnt. And I go straight for the track and stretch out on the grass. The man on the loudspeaker is calling everyone over to the track and I'm on my back looking at the sky, trying to pretend I'm in the country, but I can't because even grass in the city feels hard as sidewalk.

The twenty-yard dash takes all of two minutes cause most of the little kids don't know better than to run off the track or run the wrong way or run smack into the fence and fall down and cry. One little kid, though, has got the good sense to run straight for the white ribbon up ahead so he wins. Then the second-graders line up for the thirty-yard dash and I don't even bother to turn my head to watch cause Raphael Perez always wins. He wins before he even

begins by psyching the runners, telling them they're going to trip on their shoelaces and fall on their faces or lose their shorts or something, which he doesn't really have to do since he is very fast, almost as fast as I am. After that is the forty-yard dash which I used to run when I was in first grade.

Raymond is hollering from the swings cause he knows I'm about to do my thing cause the man on the loudspeaker has just announced the fifty-yard dash, although he might just as well be giving a recipe for angel food cake cause you can hardly make out what he's saying for the static. I get up and slip off my sweatpants and then I see Gretchen standing at the starting line, kicking her legs out. Then as I get into place I see that ole Raymond is on line on the other side of the fence, bending down with his fingers on the ground just like he knew what he was doing. I was going to yell at him but then I didn't. It burns up your energy to holler.

- 10 Every time, just before I take off in a race, I always feel like I'm in a dream, the kind of dream you have when you're sick with fever and feel all hot and weightless. I dream I'm flying over a sandy beach in the early morning sun, kissing the leaves of the trees as I fly by. And there's always the smell of apples, just like in the country when I was little and used to think I was a choo-choo train, running through the fields of corn and chugging up the hill to the orchard. And all the time I'm dreaming this, I get lighter and lighter until I'm flying over the beach again, getting blown through the sky like a feather that weighs nothing all. But once I spread my fingers in the dirt and crouch over the Get on Your Mark, the dream goes and I am solid again and I am telling myself, Squeaky, you must win, you must win, you are the fastest thing in the world, you can even beat your father if you really try. And then I feel my weight coming back just behind my knees then down to my feet then into the earth and then down to my feet then into the earth and the pistol shot explodes in my blood and I am off and weightless again, flying past the other runners, my arms pumping up and down and the whole world is quiet except for the crunch as I zoom over the gravel in the track.

I glance to my left and there is no one. To the right, a blurred Gretchen, who's got her chin jutting out as if it would win the race all by itself. And on the other side of the fence is Raymond with his arms down to his side and the palms tucked up behind him, running in his very own style, and it's the first time I ever saw that and I almost stop to watch my brother Raymond on his first run. But the white ribbon is bouncing toward me and I tear past it, racing into the distance till my feet with a mind of their own start digging up footfuls of dirt and brake me short.

Then all the kids standing on the side pile on me, banging me on the back and slapping my head with their Field Day programs, for I have won again and everybody on 151st Street can walk tall for another year.

"In first place..." and then three or four voices get all mixed up on the loudspeaker and I dig my sneaker into the grass and stare at Gretchen who's staring back, both wondering just who did win. I can hear old Beanstalk arguing with the man on the loudspeaker about what the stopwatches say. Then I hear Raymond yanking at the fence to call me and I wave to shush him, but he keeps rattling the fence. Then like a dancer or something he starts climbing up nice and easy but very fast. And it occurs to me, watching how smoothly he climbs hand over hand and remembering how he looked running with his arms down to his side and with the wind pulling his mouth back and his teeth showing and all, it occurred to me that Raymond would make a very fine runner. Doesn't he always keep up with me on my trots? And he surely knows how to breathe in counts of seven cause he's always doing it at the

dinner table, which drives my brother George up the wall. And I'm smiling to beat the band cause if I've lost this race, or if me and Gretchen tied, or even if I've won, I can always retire as a runner and begin a whole new career as a coach with Raymond as my champion. After all, I've got a roomful of ribbons and medals and awards. But what has Raymond got to call his own?

So I stand there with my new plans, laughing out loud by this time as Raymond jumps down from the fence and runs over with his arms down to the side, which no one before him has quite mastered as a running style. And by the time he comes over I'm jumping up and down so glad to see him—my brother Raymond, a great runner in the family tradition. But of course everyone thinks I'm jumping up and down because the loudspeaker is announcing, "In first place—Hazel Elizabeth Deborah Parker. In second place—Miss Gretchen P. Lewis." And I look over to Gretchen wondering what the "P" stands for. And I smile. Cause she's good, no doubt about it. Maybe she'd like to help me coach Raymond; she obviously is serious about running. And she nods to congratulate me and then she smiles. And I smile. We stand there with this big smile of respect between us. And it's real.

List of Possible Responses

30. Who learns more from participating in competitive sports, Larry in “Lawrence (Larry) Lemieux Lifesaver,” or Hazel in “Raymond’s Run”? In your response, you **must** discuss **both** passages.

Both Larry and Hazel learn from participating in sports. They both realize that helping others is more important than personal victory. They both come to understand that life is more precious than competition. Larry physically saves a fellow competitor, whereas Hazel comes to realize that Raymond deserves to feel the sense of satisfaction she herself has experienced. Larry is awarded the porcelain jar while Hazel is overjoyed thinking about helping Raymond.

Students may argue that either character learns more from participating in sports. They may also argue that both characters learn an equal amount.

Larry in “Lawrence (Larry) Lemieux Lifesaver”	Hazel in “Raymond’s Run”
<ul style="list-style-type: none"> • Larry learns the joy of sailing from his brothers. (par 1) • Larry learns the value of hard work in achieving his goal. (par 2) • Larry learns the value of training and knowledge. <ul style="list-style-type: none"> – He succeeds in his early sailing competitions. (par 1) – He is able to successfully judge the weather and ocean conditions as well as apply sophisticated sailing skills. (par 4–5) • Larry learns the importance of helping others when he saves the stranded sailors. (par 6–7) • Larry learns to stand up for himself when he challenges the decisions of the Olympic Committee. (par 7) • Larry learns the value of perseverance both in his early successes and later as an Olympic athlete. (par all) 	<ul style="list-style-type: none"> • It is implied that Hazel learns the value of training and hard work. (par 10) • Hazel learns how to focus her mind before competition and this allows her to escape the confines of her environment. (par 10) • Hazel learns more about the needs of her brother while watching him run. (par 13) • Hazel learns to look beyond her preconceptions about both Gretchen and Raymond. (par 13–14) • Hazel learns the value of friendship with a respect for competitors through her competition with Gretchen. (par 14)

Note: Students who do not discuss both passages will receive a maximum scale point of 4. However, students should not be penalized for focusing predominantly on one passage.

Note: Other answers are possible.

Reading: Making Connections – Training Paper #1

30. Who learns more from participating in competitive sports, Larry in “Lawrence (Larry) Lemieux Lifesaver,” or Hazel in “Raymond’s Run”? In your response, you **must** discuss **both** passages.

One day I want to run in the Olympics. I like Larry. He is good boy.

Reading: Making Connections — Training Paper #2

30. Who learns more from participating in competitive sports, Larry in “Lawrence (Larry) Lemieux Lifesaver,” or Hazel in “Raymond’s Run”? In your response, you **must** discuss **both** passages.

I felt "Raymond's Run" was unacceptable. It looked so strange. I cannot understand the speaker's feeling aboutt the race. Otherwise "Lawrence Lemieux Lifesaver" was good.

Reading: Making Connections – Training Paper #3

30. Who learns more from participating in competitive sports, Larry in “Lawrence (Larry) Lemieux Lifesaver,” or Hazel in “Raymond’s Run”? In your response, you **must** discuss **both** passages.

Out of both of these two stories, Larry got more out of his race. He actually sacrificed himself from going to the very end to help save other racers. Where as Hazel still won the race, she just noticed that other people have talents just like her and that you won't always be better.

Reading: Making Connections – Training Paper #4

30. Who learns more from participating in competitive sports, Larry in “Lawrence (Larry) Lemieux Lifesaver,” or Hazel in “Raymond’s Run”? In your response, you **must** discuss **both** passages.

larry saved a life of a fellow boater beacause he knew wat was going on and he ketp his cool and raymond ran his run for chairity and wanted nuthing out of it but i think larry learnd alot more beacause he didnt coose to get put in a situation to have to save some one but when he did he acted calm and fast to save the boy and i thnk raymond didnt get a better life experiance by running a chairty run beacause it wasout of choice that he was running it andyeah i think larry is more pro

Reading: Making Connections — Training Paper #5

30. Who learns more from participating in competitive sports, Larry in “Lawrence (Larry) Lemieux Lifesaver,” or Hazel in “Raymond’s Run”? In your response, you **must** discuss **both** passages.

I think Larry learns more than Hazel from participating in competitive sports. Because Larry saved two peoples lives instaed of taking second or first place in a race that he really needed to win. So Larry didnt win the medal that he wanted, but he did recieve an sybolic reward for saving two peoples lives. Hazel did learn a lot as well, she learned that your family is more important than winning races and medals. Overall they both learned a lot but I think that Larry learned more than Hazel.

Reading: Making Connections – Training Paper #6

30. Who learns more from participating in competitive sports, Larry in “Lawrence (Larry) Lemieux Lifesaver,” or Hazel in “Raymond’s Run”? In your response, you **must** discuss **both** passages.

From my point of view i think Hazel in "Raymond's Run" learns more about participating in competitive sport because Larry was already almost dedicated from experience. Hazel experiences the enviroment around the sports too. She worked hard. Even though Larry has more experienced in sports and more dedication, Hazel tried her best and her enthusiasm with Raymond was the biggest plot of the story. If you are going to play a sport, people need friendship, teamwork, and dedication. Larry was an Olympic player

Reading: Making Connections – Training Paper #7

30. Who learns more from participating in competitive sports, Larry in “Lawrence (Larry) Lemieux Lifesaver,” or Hazel in “Raymond’s Run”? In your response, you **must** discuss **both** passages.

In both Raymonds Run and Lawrence Lemieux Lifesaver they both go out in the start to win but end up helping somebody at the same time. In Raymonds Run the girl who sets out to win does eventually come out on top, and also gives her brother some running advice in the process. Raymond her brother is not that good of a runner, but his sister realizes that he has some potential and could be a very good runner in the future, so she sets out to help his running structure.

Lawrence on the other hand does not come out with a medal but with an award of courage and bravery. He set out his whole life to be a sailor and win the gold for his country. But in the end he ends up losing all of his races but still comes out proud. he had the oppurtunity to win the medal but instead he ends up giving up the lead that he could have, and saves not his partner but another competitor. In both these tehy both show copasion and kindness, there are giving examples of using what you know and using it to not only help benefit yourslef but help others in need.

Reading: Making Connections — Training Paper #8

30. Who learns more from participating in competitive sports, Larry in "Lawrence (Larry) Lemieux Lifesaver," or Hazel in "Raymond's Run"? In your response, you **must** discuss **both** passages.

In competition, there is way more to walking away a winner than just placing first. In any situation, competition or not, usually helping others succeed feels pretty much like winning yourself, or better. In both stories I reviewed I noticed a large amount of the 'placing others above yourself' idea. More so in Larry's story because human lives were saved in return for dropping out of the boat race, in Raymond's Race, only Hazel's thoughts changed, and she did not actually go about and do them. Both of the characters used the same idea in their experiences, find joy out of helping others. But if I had to decide which of these stories carries more learning value, I would have to say saving lives would do a better job at that than a girl having an epiphany about track meet and ribbons. But life doesn't always present us with situations to prove ourselves in a huge way like saving lives. In Hazel's case, you need to carry the values you believe in and integrate them into everyday life to benefeit those around you. Only when we can live with ourselves can we be truly happy.

Reading: Making Connections – Training Paper #9

30. Who learns more from participating in competitive sports, Larry in "Lawrence (Larry) Lemieux Lifesaver," or Hazel in "Raymond's Run"? In your response, you **must** discuss **both** passages.

In my opinion, Larry learns more from participating in competitive sports. In "Lawrence Lemieux Life savor", Larry is a great sailor. He is full of talent and good at sailing. He attends many sailing competition and becomes the top-ranked Finn-class sailor in Canada and represents the country at the Olympic Games in 1988. During the competition, He adapts the horrible weather conditions and takes the lead. When he notices that a two-person boat drifts well off course and faces the difficulty, he decides to pull out of the race to help these sailors. Even he does not receive a medal at the Olympic Games, but he is given a symbolic award. He becomes an hero in the Olympic history and more famous than the winners, because he saves the life of a fellow competitor. At the beginning, he only wants to become an Olympic hero by winning a medal. I believe that he will more prefer to become a hero by saving others. It makes much senses and satisfaction to him and has a greater influence in the society.

In "Raymond's Run", Hazel is also a telant winner in many competition of running. In a running competition, she is so surprise to see his brother's running competition. She discovers that her brother has great running talent as her. He can become a very fine runner and keep up with her. She is so happy to think she can retire as a runner and begin a whole new career as a coach with Raymond. Watching her brother's competition makes her learn that fostering her brother will make more sense to her than her winning. Her competitor congratulates her. Both of them respect each others.

Both Larry and Hazel can learn a lot from participating in competitive sports, but I think Larry can learn more. Because he totally changes his attitude towards success in competition. He learn helping others is a source of satisfaction and contentment to him. Hazel also learn competition is not so important to her and her brother becomes her hope.

Reading: Making Connections – Training Paper #10

30. Who learns more from participating in competitive sports, Larry in "Lawrence (Larry) Lemieux Lifesaver," or Hazel in "Raymond's Run"? In your response, you **must** discuss **both** passages.

Both characters, Hazel and Larry, learn lots from participating in competitive sports, but I think that Hazel learns more. Larry learns that sometimes it's not about winning the race, but how you act during the race. He sacrifices his placement in the Olympics to save the lives of two stranded sailors, which is truly incredible. Although Larry did act selflessly, he still put himself first once he saved the sailors. He made an appeal to the Olympic committee to try and get his placement back since he was in second place when he left the race to save the sailors. He knew the consequences of his actions when he took himself out of the race, yet he still made the appeal, taking away the second place title from someone else.

Hazel puts her brother first, and doesn't try to change it. She realizes that sometimes it's better to help someone else win, then to actually win herself. Yes, she could go on to win many more races, she could become the fastest runner in the world, but she sees the potential in Raymond, she sees the desire in him. She has a "roomful of ribbons and medals and awards" but Raymond has nothing like that. She gives up her dream to help Raymond. Even if it doesn't work out, teaching Raymond, she still did an amazing thing, she sacrificed her chance at greatness to help her little brother, who has always supported her, and been with her.

Larry and Hazel both did amazing acts of kindness, but Hazel gets the most learning from competitive sports. Larry may not have won

those Olympics, but he could always come back and try again. Hazel gave up her whole dream, to take on a different one, her brother's. Although Hazel will gain some fame from coaching her brother, she will never be in the spot light like she would have been if she had gone for her dream. Both characters are selfless and kind, but I think Hazel was the real winner.

Reading: Making Connections – Training Paper #11

30. Who learns more from participating in competitive sports, Larry in “Lawrence (Larry) Lemieux Lifesaver,” or Hazel in “Raymond’s Run”? In your response, you **must** discuss **both** passages.

Larry

- gains skills as a sailor
- learns how to sail well from all the races he competes in when still a teenager
- he keeps on trying, does not give up, even when “he finished poorly”, also later when he loses he keeps at it
- works hard at other jobs so he can train, learns to stick to a goal, works hard at sailing
- learns how to know the weather and water, uses this to save capsized boat, example he knows to find “the 470’s rudder so they’d be able to turn the boat over”
- learns to put others lives before winning a race when he saves the men’s lives, kind and caring
- sticks up for himself with Olympic association when he “launched a protest”, shows he learned to fight authority

Hazel

- must have learned how to be a good runner and must have trained long and hard or she would not have won before
- she has a way of getting ready that psychs her up to win, thinking of her dreaming being light as a feather
- learns to see Raymond differently, by the end knows he might be a runner

-learns Raymond doesn't have all the fun she has, sees he needs that in his life

-Gretchen is no longer an enemy, Hazel gives her a "big smile of respect", she learned to see her as a friend

I think Larry gave up more and learns more from competition, learning winning is not as important as saving a life. Hazel just changes her views a bit, says she will now train Raymond. Larry gave up a once in a lifetime chance for a medal, learns saving a life is better and makes you feel better.

Rationales for *Reading: Making Connections* Training Papers

Training Paper #1 — Mark: 0

- Makes no attempt to address the topic

Training Paper #2 — Mark: 1

- Unacceptable response
- Much is irrelevant
- Too short to meet the requirements of the question

Training Paper #3 — Mark: 2

- Inadequate response
- Support is absent
- Response is incomplete and underdeveloped
- Consists of underdeveloped, limited ideas
- *Despite some understanding at a literal level, this is only 3 sentences and as a result the student has not met the expectations of the reading comprehension section*

Training Paper #4 — Mark: 2

- Inadequate response
- Significant misreading of text
- *Some flawed support*

Training Paper #5 — Mark: 3

- Barely adequate
- Demonstrates some understanding at literal level
- Lacks detail
- Assertions are simplistic
- *Straightforward '3', does address task and therefore a bare pass*

Training Paper #6 — Mark: 3

- Barely adequate
- Some understanding at literal level
- Assertions are simplistic
- *Generalizations in second to last sentence (somewhat interpretive but does not join with other ideas)*

Training Paper #7 — Mark: 4

- Competent discussion of ideas
- Response is organized and straightforward but misses subtle and complex ideas
- *Not proficient in its synthesis*

Training Paper #8 — Mark: 5

- Demonstrates a clear understanding of texts at an interpretive level
- Support is implicit, convincing and relevant
- Proficient response
- *Succinct response and a “thinking student”*

Training Paper #9 — Mark: 5

- Proficient synthesis of ideas
- Clear understanding of texts at interpretive level
- Explicit, relevant support throughout
- *Synthesis particularly at end of response*

Training Paper #10 — Mark: 6

- Demonstrates an insightful understanding of the texts at interpretive level
- Makes inferences
- Support is explicit, thoughtful and well-integrated
- *Synthesis of thought is evident*
- *Clear ‘6’*

Training Paper #11 — Mark: 6

- Superior in depth of discussion
- Demonstrates an insightful understanding of the texts at interpretive level
- *For the Reading section, a variety of types of responses such as lists or tables are acceptable and shall be assessed according to the rubric*
- *Really detailed answer, lots of thoughtful support, definitely understands both passages and synthesizes as well*

PART C

Writing

- Write a multi-paragraph composition on the writing prompt below.
- Your writing may be persuasive, narrative and/or descriptive.
- You may agree or disagree with the writing prompt.
- You may use ideas based on your own experience, the experience of others, your reading, your imagination, or from any aspect of your life.

Getting Ready to Write

It is natural for people to consider their own needs first. However, they may be surprised to find that they achieve a greater sense of satisfaction through helping others.

Writing Prompt

31. Satisfaction comes from helping others.

Writing - Training Paper #1

31. Satisfaction comes from helping others.

i think the satisfaction of helping others in need is great but u still got to be thinking about your self because if your trying to help someone that got stuck some were you don't wanna go down there alone and put your self in the same place because you both could get stuck there and who knows if someone will walk by so you should call 911 before you go down there and try and help that way if you do get stuck down there while your helping someone you have nothing to be worried about because help is on the way.

Writing - Training Paper #2

31. Satisfaction comes from helping others.

You think why satisfaction comes from helping others? Because when we help another people at somewhere in life. And that people or many another people will be help us again when we get something not good. And that person who is we help before. they will become good friend with us. And in life, we will have many lucky things and we can get help from many people.

Satisfaction comes from helping others is jobs, money, health care. In we life, we can get job come from helping others. For example, when we don't have the job. And then we have to go some store and then get job from there. the job like cooking, service or something more. The boss of store they will not give you the bad job. Or we can find the job from your family, your friend. In life we have many job. We can any where to find the job or at service centre. They are will help you get job. Next, we can get money come from helping other. For example, if we don't have money, then we can go to borrow from bank or from your friend, your family. You can get help from them. May be they have money for you borrow or you can borrow you good friend. Or you can go to work to get more money.

Finally, we can get the health care for free. For example, if you don't have money for health care. So you can get free health care from government. The Government will give you the health care. And the you can go to the doctor for free.

In conclusion, job, money health care. People can get that from helping other. In life, if people can get many helping other. So People will be have better life and happy. And people don't need care

about life. People don't need care about job, money, health care. So Satisfaction come from helping other.

Writing - Training Paper #3

31. Satisfaction comes from helping others.

In history, most history show human's natural is greedy. They looking their own need first, and history show only few people find satisfaction through helping other people. Most people disagree about human's nature is greedy, and looking their own need first. They agree that human natural is angel. But how people/world explain war? How people explain crime being in this world? if the human natural is clean, why their is crime and violence being in this world?? However all the human's natural is think their own needs first. Father who pray for the jewish, jewish who is in Nazi prison, and their is German business man who helping jewish to escape from Nazi, and their is more people helping aother people. So that some human's natural is angel. People live in this world and see and read alot of events, and in that events most of that events is occur from people consider their own needs first. That is most people's natural, thinking thier own needs first. They hurt other people to earn profit steeling, killing, rapeing.....

Law is create by people, and law is create because protect society, culture from most people's naturl. Through the law to control and destroy all the human's natural which they consider of their own needs first. Surely human's natural is not an angel, but people can fix their natural, and dose not hurt other person.

Writing - Training Paper #4

31. Satisfaction comes from helping others.

In my opinions, satisfaction really comes from helping others. So helping each others is very important for people, and we should always help others. Helping people can make you feel very happy and maybe everyone will know you because you help people.

First, satisfaction comes from helping others because it can make you feel very happy. So it means if you help people and solve their problems, you can feel that you are one of the member in the world and you are very important for the world because you help each others. This is why you will feel very happy.

Second, maybe everyone will know you because you help people. Sometimes you do not want to be very famous, but because of helping others people will know you. Then your parents will feel very proud of you and also you will feel very proud of yourself. So those are the two reasons that satisfaction comes from helping others. And I think they are very important for people.

Writing - Training Paper #5

31. Satisfaction comes from helping others.

Satisfaction comes from helping others really gives off the feel that even if you stop from someone for a split second or take someones groceries out, Your still helping someone and bringing a smile to someones face. Helping people in the world or even people around you makes you more social and more friendly the more people you take to the more social you are. Satisfaction from helping others is another way of saying and giving off your generus and friendly. By helping someone it improves are world and lets people know theres actually people out there who still care and are still willing to make changes in people's days. Helping someone doesnt mean you have to lend them money or by them things, It could be anything for example if someone dropped there wallet instead of running off with it you kindly say excuse me i think you dropped this, That could make a change the more people who see you do things for people and help people it gives them the encouragement to look at you and really think about helping someone.

Writing - Training Paper #6

31. Satisfaction comes from helping others.

Have ever experienced a great satisfaction by helping others with your own abilities? It is not hard thing to help others because if you consider others and see from their perspective just before you behave, it directly leads you to help them. When you help other people with even small thing, you would be very proud of yourself. Satisfaction comes from helping others, such as tutoring, volunteering and babysitting.

First of all, tutoring is one of the ways to help others. Even though you get paid by someone, you are helping them with your own abilities. One day, when one of my friends was struggling with Physics, I went to help him since I learned Physics one year earlier. It was the first time I tutored someone, so I didn't know how to help him. However, as time went on, I realized I was actually helping him. A few weeks later, he came to me and he told me that he got the highest mark in his class because of me. To be polite, I replied that it was because of your effort, but I felt a great satisfaction when he told me. It was very meaningful experience for me.

Second supporting factor is volunteering. Many people in the world volunteer at anytime and anywhere to help people who needs special helps or for their accomplishment. One internet news have said that people naturally think only for themselves, but any volunteers in the world always think others first. This factor supports my statement that if people consider others first before do something. In fact, I also volunteer at Langley Memorial Hospital. I have started it to receive credits for my IB diploma requirement, but I feel that I am enjoying helping patients. It gives the best satisfaction as I help

patients and see they feel happy and comfortable. Therefore, it is one of the passages to help other people easily, but most helpfully.

Finally, babysitting is another suggestive idea to help others. Some of my friends help many busy parents by babysitting their children. They say babysitting is the most challengeable mission in the world, but they look happy and love to look after kids when they are babysitting. Since I am the oldest son in the family and my relatives-in-law, I have been looking after many children. When I look after them, I visualize and acts like them too. Thus, they like me to play with them and I also enjoy it. Furthermore, people say that they also feel satisfaction when they babysit.

Helping others is not a difficult thing to do if you think you are helpful for them. Many people in the world still need your help. In addition, people have to rely on each other to live together this dangerous and challenging lives. Therefore, it is the best way to help each other and feel the satisfaction together. To conclude, these details and supports illustrate that satisfaction comes from helping others.

Writing - Training Paper #7

31. Satisfaction comes from helping others.

I agree with the topic "Satisfaction comes from helping other," If we humans dont help each other and benefit for our own lives than we can't make the world go around and make our world a better place. We all have our own demands in life, but we soon realize that life can be more of a greater sense of satisfaction through helping others.

During my English 10 class, we read some novels about greed and how everyone was not the same, that some people were more equal then others. It just comes to show us that life is unfair and greedy. One novel I remembered was "Animal Farm," A wonderful and suspenseful story depicting the life of animals who are fighting against man for freedom. The Pigs who led the rebellion were smartest but also the greediest. They believed every animal are equal but some are more equal then others (which are the pigs).The man that was treating the animals were really bad. In the end when the animals took control over man the pigs were soon benefiting to themselves and not helping other animals because pigs thought they were the most important animal.

A short story called "Lawrence Lemieux Lifesaver," was about a Larry who was an avid sailer dreamed of sailing for the olympics. When he got the chance to he didnt do very well in Seoul, Korea of the olympics in 1988. While he was sailing to finally to win a medal for his country, he spotted a competitor who was sailing of course and decided to rescue both of them. In the end he received a porcelain jar for his herioc action to save the competitors instead of winning a medal for his country.

The last short story i read was "Raymond's Run." Hazel Elizabeth

Deborah Parker was an very fast runner who was in the track meet ready to do the fifty yard dash. Hazel put his little brother Raymond on the swings to let him watch her run. When the race was of Hazel finished first beating Gretchen only slightly. Hazel who was also coaching Raymond realizes Gretchen was really serious about running so she thought it would be nice to make Gretchen help Hazel in the end to coach Raymond.

In the end we all consider our own needs first, but end up suprised and having to helping others when we dont expect we have to. That is just part of life that makes us grow and makes us learn to respect everyone around you. Everyone deserves your affection and love and if we dont do that, the world will not move along.

Writing - Training Paper #8

31. Satisfaction comes from helping others.

Satisfaction comes from helping others; a phrase that has a ton of meaning, but people generally ignore. In modern day life, people have become more selfish and do not show that they care about those around them. Things such as helping a charity or shelter, giving a kind gesture to a peer, or even something as simple as doing a daily good deed will show a person's care for others and will help everyone to be more optimistic in the long run. If people put the needs of others equal to or before their own, the world will be a better place.

First of all, helping with a charity or a shelter will not only help those in need around the world, but it will help the person contributing to be a better person. Charities are created to help people who are suffering and constantly need help from other people around the world. Something as simple as giving a dollar to help support one of these charities will help whatever their needs are; may it be to help either starving families in third world countries, or a sickness that is killing many people around the world, charities need all the help they can get. Also, shelters are a part of communities to help either humans or animals that don't have homes. In volunteering at a shelter, a person can receive a tremendous amount of gratitude and appreciation. Either helping to feed the homeless, or washing and feeding pets at an animal shelter will make everyone feel satisfaction; including those who are receiving the help.

Secondly, giving a kind gesture to a peer, such as a wave or a smile, can brighten a person's mood and even make their day that much better. In helping a person to feel better about something, even if it is indirectly, the satisfaction of doing so is great to those

involved. Giving a simple kind gesture to people who one does not generally get along with can lighten tension between the two, and will help terminate and future conflict that may come. A wave or a smile may not be considered help to most people, but receiving one of the two makes anyone feel good; which will therefore help a person to be in a better mood or feel better about something that may be bugging them - all it takes is a smile.

Finally, doing a daily good deed will also help those who surround one's self. Simple things such as holding a door open for someone, picking up something they had dropped, or lending them some change if they are short when paying for something, all of those things and more will help people to get along better and will make people feel appreciation for the help they are receiving. In the world today, people tend to take for granted the help that they get. People seem to ignore what others do for them, and therefore do not pick up the helping traits of others to use in their future.

In conclusion, satisfaction does indeed come from helping others. If people decide to pay more attention to the help that they receive, then those surrounding them will be happier and more helpful in the long run. Then they will therefore feel the wonderful sense of satisfaction.

Writing - Training Paper #9

31. Satisfaction comes from helping others.

Nature is ironic... human nature even more so, as it tends to conflict against our moral beliefs and ethics. The human brain is built to enjoy pleasure, so as a result, it comes as no surprise that most of us often put our own needs and wishes before anyone else's. We are, undeniably, selfish by nature. For others, there is greater moral value and satisfaction in helping others, and bettering the world and society as a whole. Some may argue however, that in the end, is that not ultimately just for ourselves, for boosting our morale, for easing our own spirits, for loosening the chains of our past sins? Can it be said that acts of kindness are in fact simultaneous acts of selfishness, though they are often regarded as otherwise? An act of selflessness alone does not result in true satisfaction. Everything starts with motive. The true desire to help, the true motivation of love and compassion makes up the other half of the plate.

Mothers know all too well the satisfaction through helping others, because they raise and care for their own young every single day of their lives. Their motive is clean and pure as snow; it is the infinite, incomprehensible love for their children. They place themselves after their young even until death, when the roles are often reversed. Thus, they receive the most truest, most fullest satisfaction when their sons or daughters grow healthy and make it to adulthood. The same can be said for spouses or couples, married or unmarried, as well as friends, soul mates, et cetera. This is of course not to say that true satisfaction can come only from blood or human relations; love and compassion, after all, is not restricted to only blood and human relations. There are those, though few in number, who just plain love everything and everyone and the earth itself, so

their deeds are purely selfless and out of love for the world around them.

Nature is not without a tint of irony, let alone human nature. Fear, anger, jealousy and lust make us greedy for money and power and pleasure, and selfish all at once. Those that argue that man is naturally "evil", however, are missing the other half of the picture. In fact, though we are indeed greedy and selfish by nature, it is our restless, undying will to crush our natures that prevent us from being a complete barbaric race. Love, compassion, sympathy, and kindness-- they make up the other half of our natures that suppresses the other. The act of helping others comes from this side of our natures, because though we may put ourselves first most of the time, there is a hidden self in every one of us, that truly wants to better the world, and our neighbors.

Writing - Training Paper #10

31. Satisfaction comes from helping others.

Real satisfaction in life cannot be obtained without being willing to give assistance to those in need. When people assist others, it provides a measure of purpose and fulfillment in their own lives. Giving aid to others has no gain in and of itself, but we do it for the fact that it gives us the feeling that we are doing something, right perhaps, but also fulfilling to us. It is an emotion that enables us to commit selfless acts for fellow humans in need.

During the Second World War many people demonstrated their willingness to risk all in order to help others. By hiding Jews hunted for by the Germans in their homes people risked their lives to protect the Jews from the Holocaust, and many in fact did pay the price, they were sent off to concentration camps and died or were killed. Such sacrifices demonstrated the resilience of people to opposition and how even when everything was risked, there was no hesitation to give help to those who needed it, the fulfillment it gave outweighed any loss. When the hurricane Katrina struck, people all over North America rushed to the assistance of those displaced by the disaster. There were no shortage of people willing to lend a hand to assist those who needed it. People rushed to help others with a sense of purpose, it gave them something very worthwhile to do with their time, energy and money. although the cost of this act was not as great as those who risked their lives to help Jews in World War Two, it still demonstrates that people will give up much to help others.

In the year 2001 my family and I entered my father's homeland, a small West African country by the name of Liberia. We went there as missionaries to the people of a nation in the throes of a civil war

which had been going on for the past twelve years. For our first year we put down our roots, my mother began teaching her adult literacy class to people of our community, we were living in the capital city of Monrovia, which was reasonably safe and fairly distant from the conflict. After a year the fighting moved so close to us that we were forced to flee the country. For a year we stayed in Canada, with only my father going back periodically to run feeding programs. Eventually, we all returned and Liberia has become our home.

Each of these examples shows that mankind will rise to the challenge, whatever it is, to give others their aid. Their selfless deeds give those who carry them out a feeling of purpose, that gives life a new meaning for them. This innate capacity of empathy is what makes us what we are, and unites us together against any foe.

Rationales for *Writing* Training Papers

Training Paper #1 — Mark: 1

- Ideas are not developed
- Too brief to accomplish the task
- *One sentence only*
- *Confused and rambling*

Training Paper #2 — Mark: 2

- Ideas are broad generalizations with little support
- Weak sentence structure
- Little understanding of language conventions

Training Paper #3 — Mark: 2

- Broad generalizations
- Weak sentence structure
- Frequent errors
- *Elevated thought but student lacks the language skills to be understood*

Training Paper #4 — Mark: 3

- Little support and uneven development of ideas
- Sense of purpose
- Basic vocabulary and sentence variety
- Errors distract

Training Paper #5 — Mark: 3

- Ideas have little support
- Limited vocabulary and sentence variety
- Errors distract and impede meaning

Training Paper #6 — Mark: 4

- Ideas are straightforward and clear with sense of purpose
- Basic vocabulary and sentence variety
- Formulaic structure

Training Paper #7 — Mark: 4

- Straightforward and clear
- Some sense of purpose
- Basic vocabulary
- Formulaic structure

Training Paper #8 — Mark: 5

- Ideas are well developed and supported
- Has clear purpose
- Sentence variety
- Tone generally engages
- *Lacks engagement of a '6'*
- *Appropriate, but lacks originality*

Training Paper #9 — Mark: 6

- Ideas are fully developed and supported
- Accomplishes purpose with some originality and maturity
- Effective word choice and sentence variety
- Writing appears effortless
- Voice and tone engage
- *"Wow!"*

Training Paper #10 — Mark: 6

- Ideas are fully developed with broad range of support
- Mature examples
- Effective word choice and sentence variety
- *Some beautiful phrases*

Acknowledgments

“Lawrence (Larry) Lemieux Lifesaver,” by Lorne Zeiler. From *Hearts of Gold: Stories of Courage, Dedication and Triumph from Canadian Olympics*. Raincoast Books, Vancouver, BC. ©2004. pp. 2–7.

“Raymond’s Run,” by Toni Cade Bambara. From *Conflicts: 15 Masterpieces of Struggle and Conflict*. Burton Goodman, Ed. Chicago. ©1993. pp. 24–28.