

Comment

This very good response demonstrates an understanding of context and audience. Information is accurate and includes most significant details. The visuals are appropriate and emphasize detail.

Avoid Colds and Flu

How to get them?

nose,
hands,
eyes,
and
mouth

- passed on when someone blows her nose or coughs into her hands, then shakes hands or touches an object that another person touches.
- touching your own eyes, nose or mouth.

About virus:

vi rus
and
bacteri a

- Most viruses can live at least an hour on surfaces such as door knobs.

How to safe?

washi ng
hands

- washi ng your hands with soap and running water for at least 15 to 30 seconds removes 99 percent of surface bacteria
- wash the backs of your hands, between your fingers, around the nails, and under your rings

dry
hands

- Dry your hands thoroughly.
-letting hands air-dry increase the number of pathogens on your skin.

public
washroom
and
paper
towel

- In public washrooms after washing your hands, use a paper towel to turn off the tap and to open the washroom door.

Take care of your heal th!

Have a nice day!

smiling face